



2020 Summer Blast! Weekly Themes

June 8th-12th: All Ball: Always a crowd favorite: our sports themed week! This camp is focused on giving the kids a chance to participate in a different sport and several sport related games each day. The kids will play soccer, baseball, football, basketball, and volleyball in addition to their other fun games and activities.

June 15th-19th: Animal Planet Week: This week we will learn all about the animal world. We will enjoy nature, learn about all the different types of animals in our backyard as well as the world. You never know what animal might visit us at Proehlific. Let's go on a Safari adventure with a trip to the NC Zoo.

June 22nd-26th: Backyard BBQ: Enjoy the great outdoors as we partake in classic summertime games like, Tug-O-War, kickball, potato sack races, foursquare, hopscotch, lawn games, relay races, nature crafts, picnics, water games, recycling projects, S'mores and a BBQ Jamboree !

June 29th-July 3rd: Stars and Stripes: Time to celebrate America, the beautiful! We will take time this week to show our appreciation for the men and women who help make our country such a wonderful place to live! We will play games and do activities centered around law enforcement, military men and women, fire fighters, and medics. We will also focus on our home state of North Carolina! We always have a special guest or two, so for all of those who love our hometown heroes, this is the week for you!

July 6th-10th: Color Wars: We love teamwork and the color wars so much that we are bringing it back again! Each group will be assigned a color on Monday and will work together as a team during the week to complete challenges, both physical and mental, to score points for their team. We will work on challenges each day centered around our week's motto. We Are: helpful, polite, smart, strong, and we are ONE TEAM! We will finish out the week on Friday with a field day competition outside!

July 13th-July 17th: Mess Makers: We are going to laugh; we are going to get loud; and we are going to get messy! This week we get to explore all the wonderfully messy things that you wouldn't normally get to play



with! Imagine doing a soda and Mentos explosions, take home slime experiments, and potentially an end of week foam bubble party! Dig deep into your closet to find some play clothes, because this is not the week to dress up! Let's take our creativity and wonder and dive more into the messiness of this week at the Life and Science Museum in Durham or The Discovery Place located in Charlotte.

July 20th-July 24th: Pay It Forward: We know how important it is to work as a team, and even more so, how to give back as a team. We will make a huge impact this week as we learn what it means to "pay it forward". Projects include a canned food drive, homeless kits as well as doing Random Acts of Kindness (RAK) within the park and outside the park. We will be completing tasks each day meant to better the lives of others all while having fun and building relationships with those around us.

July 27-July 31st: Fit-Tastic: You are growing and getting stronger every day, and we are here to help! There are so many ways to get yourself off the couch and into something fun that we can't wait to share with you some of our favorites! Playing sports, dancing, Zumba, yoga, cardio and nutrition are just a few of the activities that you will be trying this week. So, break out those running shoes and let's get

August 3rd -Aug 7th: Out of this World: A long time ago, in a galaxy far, far away there were excited campers waiting to explore space and all it had to offer. Among our many stops are Tatooine and Pandora, just to name a few. We will not only learn more about our solar system, but everything imagined in it as well. Avatars, ET's, and MIB's are all invited on this space quest. Suit up as we get ready for adventure in this galaxy and beyond. Join us as we blast-off and explore the stars and galaxies at the Morehead Planetarium.

August 10th-14th: Spirit Week: Spirit week is back! Pajama Day, Nerd Day, Wacky Tacky Day, Superhero/Movie Character Day, and Team Spirit Day are here again! This week our kids and coaches will get to play some of their favorite games and activities all while acting and dressing silly. Get your cameras ready for this week, because we guarantee some great photo opportunities!



August 17th-21st: Back to School Bash: Your time here at Summer Blast! has been amazing, but all good things must come to an end. Have no fear of the upcoming school year, though, because we are here to help. We will finish out your last week of summer by playing all your favorite games and activities and reliving your favorite moments from camp. We will also make some time to prepare you for your upcoming week of school. We will have trivia games, pop-quizzes, and special lessons from some of your favorite coaches. We will plan field trips to places that include the Library, Natural Science Center, and Children's Museum. Also, we will close the summer out with an ice cream party and a movie night on the soccer field.