

Summer Blast! Frequently Asked Questions

Who can attend Summer Blast? Youth participants in grades K-8 can attend Summer Blast!

How long does Summer Blast! run? Summer Blast! runs June 10th-August 23rd. Participants can attend a single week, a few weeks, or all of camp! Camp runs from 7:30 am – 6 pm Monday-Friday except for the fourth week of camp (July 1st – 3rd) which only runs for three days. There is a late fee for parents who pick-up students past 6 pm. The fee is a flat \$10 and then \$1 per minute late.

What will my child be participating in during Summer Blast? Each week your child will be participating in engaging activities that develop your child's physical, mental, and emotional growth. A general outline of our daily camp structure is as follows*:

7:30-8:00 – Arrive and Free Play
8:00-9:00 – Activity #1 Dodgeball
9:00-9:30 – Morning Meeting and Bathroom Break
9:30-10:00 – Group Game #1 Steal the Bacon
10:00-10:15 – Morning Snack
10:15-11:00 –Themed Activity #1 Ninja Ropes Warrior Course
11:00-12:00 – Outside Activity
12:00-12:30 – Lunch and Bathroom Break
12:30-1:00 – Downtime/Relaxation
1:00-2:00 – Themed Activity #2 Hike on the Trail
2:00-3:00 – Arts & Crafts: Bird Seed Ornament Making
3:00-3:15 - Afternoon Snack
3:15-3:30 – Afternoon Meeting and Bathroom Break
3:30-4:00 – Group Team Building Game – Partner Relay Races
4:00-5:00 – Activity #2 Football
5:00-6:00 – Closing Activity and Free Play

**Please note that each group schedule will vary based on timing and space availability.*

Our weekly themes for camp help us to keep children engaged in new and challenging activities! All our activities revolve around the theme of the week and these descriptions can be found below:

Weekly Themes:

1. June 10th – 14th: **Too Fit to Quit!** – Exert yourself during this high energy week! Campers will participate in yoga, Zumba, gymnastics, and agility training. We will develop skills to make fitness fun! Specialty classes will be taught by Core Gymnastics and Proehlfic Sports Performance. The add-on trip for this week includes a trip to Sky Zone.



2. June 17th – 21st: **Outdoor Adventures Week** – Explore the great outdoors through a mix of nostalgic activities like mud pie making and fort building, as well as current trends such as geocaching and a ninja warrior obstacle course! We will learn about protecting our land with a special appearance from a State Park Ranger. The add-on trip for ages 10+ this week includes a trip to Sky Wild.
3. June 24th – 28th: **All Ball** – Calling all ballers - dunk, serve, dribble, throw, kick, and roll your way into our sports themed week. We will participate in favorite sports such as baseball, basketball, football, and volleyball! Ricky Proehl will be available to sign autographs for our future star athletes! The add-on trip for this week include a trip to a Greensboro Grasshoppers baseball game.
4. July 1st – 3rd (3-day week): **Mess Makers** – Slime, snow, glitter and glue! Let the mess stay out of the house this week as we explore our creative side. During our 3-day week, we will explore new visual art mediums such as oil pastels and watercolors while making camp craft favorites like friendship bracelets, kinetic sand, and slime! No add-on trips this week.
5. July 8th-12th: **Passport to Adventure** – Explore Africa, Asia, Europe and more without ever leaving Proehlific Park! Pack your suitcase for a whirlwind adventure! When you enter in the door, you will receive your passport which will get you through customs each day. We will play new games and sports from around the world while learning about the countries the games originate from. The add-on trip for this week include a trip to the pool.
6. July 15th-19th: **Pay It Forward** – Philanthropy is fun! Our youth participants will engage in activities that will focus on good sportsmanship, empathy, and the joys of giving. We will partner with Proehlific Park's foundation, the Power of Play to do community service acts such as writing letters to our brave service men and women and performing random acts of kindness. At the end of the week we will be partnering with Autism Society to participate in adaptive sports.
7. July 22nd-26th: **Under the Big Top** – Come one, come all to the greatest camp on earth! Act like a clown this week as we learn to juggle, tumble, giggle and more! We will play carnival games, enjoy circus snacks, and attend clown school. There will be special appearances from balloon artisans and circus performers. The add-on trip for this week include a trip to the pool.
8. July 29th-August 2nd: **PROlympics** - Opening ceremonies bring our campers together to compete as their favorite country in an Olympic style tournament throughout the week. Campers will participate in summer and winter Olympic themed sports. At the end of the week we will hold an Olympic medal ceremony for the winning countries. Add-on trip for this week include a trip to the ICE House.
9. August 5th-9th: **Top Secret Summer** – One of our coaches has turned bad and has stolen something special from Ricky Proehl. Can you figure out which coach has been working with the enemy before the week is over? Our week of spy training will include learning Morris code, creating code names, solving

escape rooms, and will end with a final Nerf gun battle to reclaim Ricky's treasure. The add-on trip for this week include a trip to the pool.

10. August 12th – 16th : **Mythical Marvels** – wizards, giants, elves, and goblins are all welcome to Proehlfic Park this week. Campers will get sorted into their houses this week and ready for magical games such as Quidditch, potion making, dragon slaying, and more! We will end our week celebrating our Tri Wizard Tournament champions. The add-on trip for this week include a trip to the pool.

11. August 19th – 23rd : **Color Spirit Wars!** – Celebrate an awesome summer by showing your love for camp! We will finish camp with a final celebration of teamwork and team spirit. Groups will be assigned a color and participate in team building exercises throughout the week. We will end our week with a burst of color as we participate in our own color run and field day. Our daily dress-up themes include pajama day, when I grow up day, wacky tacky day, team spirit day, and Proehlfic Park POWER day. No add-on trip this week.

How much does Summer Blast! cost? There is an initial \$50 registration fee per child for summer camp that is non-refundable. Each week there is a required \$25 deposit which is applied to the balance of camp. If you decide later to pull out from a week of camp you had previously registered for, please note that your \$25 weekly deposit is non-refundable. There is a \$25 late fee for anyone registering after 5 pm the Wednesday before the next week of camp. There is a sibling discount offered when more than one child is registered for the same full-time week of camp. The second child registered for full-time camp will receive \$10 off their payment. Fees are as follows:

Full-Time Week (5-days per week): **Member** (of the Adult Fitness Center) \$130
Non-Member \$155

Part-Time (3 days per week): \$110

Drop-In (1 day per week): \$50

When registering for the part-time option, parents can select which three days of the week they would like to consistently attend. If you need to change your days, please inform the Youth Program Director, Allie Arpajian, at allie@proehlficpark.com. To register for a drop-in day, you can do so online at proehlficpark.com, with our front desk staff or by calling or emailing Allie Arpajian, Youth Program Director.

There are opportunities for add-on trips each week, which are provided at an additional cost. More information can be found on our website as we become closer to the start of camp.

How do I register my child for Summer Blast? You can register your child online here, by phone (336-665-5233) or in person! Please note that availability is based space within the program.



How can I pay for Summer Blast? Parents can register for automatic drafts through the Daxko Operations system. Payment MUST be made the Monday before the week of camp in question, regardless if paying cash, check, or card. **Parents that do not pay by the first day of camp each week WILL NOT receive services until payment is made.**

What if a parent pays for full time, but misses days? Does the parent receive a refund for those days? No, but if they know in advance, they will be going part-time then they can switch PRIOR to the week. They need to change their schedule BEFORE the week of camp, otherwise we have staffed according to having your child here.

What happens if I need to cancel or change weeks? If you need to cancel, inform the Youth Program Director, Allie Arpajian at least a week before your cancellation date. You will not be refunded your \$25 deposit and \$50 registration fee, but with advanced notice you will not be charged for the upcoming week you need to cancel from. Should you need to change camp weeks, there will be a \$10 schedule change fee. Please inform the Youth Program Director in order to be able to switch weeks.

Are there any additional add-on items parents need to be aware of? We have several engaging add-on trips for Summer Blast! 2019. Add-on trips are a great way for children to get out of their normal camp routine and experience new activities in the community. To sign up for an add-on trip parents can go online to their Daxko Operations account, call, or register at the front desk. Parents **MUST** sign up the Wednesday at 5pm before the week of camp they are interested in (same deadline as registering for camp). After the Wednesday before camp, there is **NO** option to register for an add-on trip. Early registration helps us to keep your child safe and confirm the appropriate students on the roster. For campers that miss the van, there is **NO option** to meet a group at their add-on destination due to sign-in and safety reasons. Parents will be asked to return to Proehlfic Park with their child. Campers that miss their van will **NOT** be reimbursed for their trip. Campers who do not complete necessary waivers prior to their off-campus trip will **NOT** be permitted to get on the van and will **NOT** be reimbursed. Here is a break down of cost for Summer Blast! 2019 add-on trips and pricing:

- **Sky Zone:** We will attend Sky Zone the week of June 10th-14th. On Wednesday, June 12th from 10-12 pm students grade 4th-8th will jump for one hour. On Friday June 14th from 1-3 pm students grade K-3rd will jump for one hour. The cost of this experience is \$15 and includes Sky Socks for jumping. **Campers MUST be present no later than 9:00 AM on their designated day to make it onto the bus to attend this trip.** Sky Zone waivers must be completed prior to the trip and can be found here: <https://greensborostore.skyzone.com/waiver/>
- **Sky Wild:** Campers ages 10 and up can experience a trip to Sky Wild the week of June 17th-21st. Campers will spend the day completing the high ropes course and later attending the Greensboro Science Center on Wednesday, June 19th. The cost of this experience is \$40 for the day. Additional money may be brought to purchase concessions. SKYWILD waivers must be completed prior to the trip. Please visit www.skywild.org and look for the orange box that says "**Sign Our Waiver**" in the lower right-hand corner. **Campers MUST be present no later than 8:30 AM on Wednesday, June 19th to make it onto the bus to attend this trip and will return at 4pm.** This experience is limited to 35 campers. We will return to Proehlfic Park at 5 pm.



- **Greensboro Grasshoppers Game:** On June 26th, 30 campers grades 4th-8th will be able to attend the noon Greensboro Grasshoppers Game. The cost of this experience is \$10 for the day. Additional money can be brought to purchase concessions. **Campers attending MUST be present no later than 10:30 am to make it on the bus to attend this trip.** This experience is limited to 35 campers. We will return to Proehlific Park around 3:30 pm.
- **Bur Mil Pool:** The pool costs \$10 and **campers MUST be present no later than 8:15 am to make it on the bus to attend this trip.** Parents can sign their K-3rd grade child up to attend the pool from 9-11 am for the following Wednesdays: July 10th, July 17th, July 24nd, August 7th, and August 14th and their 4th-8th grade child on Thursdays: July 11th, July 18th, July 25th, August 8th, and August 15th. Bur Mil **DOES NOT** allow floaties, or pool toys. Life jackets can be provided upon request. One waiver for the entire summer **MUST** be completed before a child's first-time attendance at the pool. Waivers can be found here:
<file:///C:/Users/allie/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/CMKVGBVL/2019%20Group%20Swim%20Letter%20Day%20Care%20BMP.pdf>
- **The ICE House:** On Wednesday, July 31st we will cool off at the ice rink. The cost of this trip is \$15 per student. Students should bring a change of warm clothes for the ice-skating rink! **K-3 students MUST arrive no later than 8:45 am** to attend this trip for our skate time from 9:45-11:15 am and **4-8th grade students MUST be present at 12:00 pm** for their 1:15-3 pm time. This experience is limited to 35 K-3rd campers and 35 4-8th campers.
- **Snacks and Drinks:** Pack your child a lunch, snacks and water bottle. If they want to buy drinks or snacks it's \$2 for a drink and \$1 for a snack. **We do not have a microwave or fridge for their food.*
- **Pizza is included on Friday.** They will get 1 slice of pizza every Friday. If they want extra, it is \$1/slice. Additional Pizza must be pre-ordered a week before camp and paid online through Daxko Operations.
- **Sunset Slush** – Every Friday we have Sunset Slush bring their Italian water ice truck to us! They will be present each Friday in the summer from 12-1:30 pm except for the week of July 1st. Prices are as follows: Small (2 scoops) \$3, Medium (3 scoops) \$4, Large (4 scoops) \$5. Flavors change every week!

What should my child bring to camp? Your child should bring the following to camp:

- 2 snacks (snack occurs at 10 am and 3 pm for fifteen minutes), water bottle, and a lunch (lunch occurs from the time frame of 11-1 pm for half an hour) **Lunch boxes and water bottles MUST be labeled with your child's name.**
 - *Please note that we do not have a fridge or microwave for your child to utilize.*
- An extra pair of clothes and wear clothes that you don't mind getting dirty in!
- Comfortable shoes to run and play in (and wear the entire day)



- Sunscreen

Is there anything my child should NOT bring?

- Electronics are not approved UNLESS approved for as a special behavior reward by the Youth Program Director.
- Cellphone usage is not allowed by students. Should students need to contact their parents, they can use the office phone. If parents feel uncomfortable sending their child without a phone, the child can keep their phone in their bag and ask for permission to utilize it. Proehlific Park is not responsible for lost items.
- Money has been known to wander and get lost in our facility. To avoid bills floating around, parents can pre-pay for snack on their child's online account by contacting the front desk or Youth Program Director. Parents are encouraged to pre-pay for add-on activities to avoid money getting lost or stolen. Proehlific Park is not responsible for lost money.
- Toys and sporting equipment are discouraged only for the reasoning that it can get lost, stolen, or end up in our camp equipment. *Proehlific Park is not responsible for lost or stolen items.*

My child has medication, can I store that at Proehlific Park? Proehlific Park staff cannot distribute medication to your child; however, medication can be stored and self-administered by your child **ONLY IF** parents complete the approved medical form and attach a copy of their child's prescription. Medical forms can be found on our website [here](#) under the "Quick Links" section. Without this important documentation, medication cannot be housed. Proehlific Park staff carry around a first-aid bag at all times, have been AED/CPR trained, and attend emergency procedure training.

Do coaches reapply sunscreen? Your child is responsible for bringing their own sunscreen. Coaches can re-apply, but they may need to be reminded.

Can my child bring toys/games to play with? Yes! However, they are completely responsible for keeping up with it.

My child needs some accommodations and modifications. Who can we talk to about this request? Our Youth Program Director, Allie Arpajian, is a licensed recreation therapist who is extremely knowledgeable about inclusive service delivery. Should you require any accommodations, please reach out to Allie at allie@proehlificpark.com or call 336-665-5233.

Who will the children be interacting with each day? Students are split into groups based on their age in order to participate in developmentally appropriate activities. Groups are split by grade level. Occasionally groups will intermingle for mentoring opportunities and various activities. At the end of the day students will come together as pick-up time approaches. Please note that group structure is fluid and might change as registration varies from week to week. Coaches are staffed based on ratios for age groups: Ages 5-8 1:10, Ages 9-14 1:15.



How do you handle disruptive or negative behavior? At the heart of our Youth Program is a system of positive behavior supports, which is also utilized in Guilford County Schools. All coaches have been trained in classroom management and positive behavior supports. We have three expectations that students abide by in our Summer Blast! program: 1. Keep your hands and feet to yourself, 2. Use kind words, and 3. Follow your coach's directions. Children that meet expectations throughout the week earn a specialty activity.

The Youth Program Director and Assistant Director are excellent at corresponding with parents about their child's behavior when needed. There is a three-strike policy for students that cannot meet expectations. The first strike is a write up with an action plan developed by the director, student, and parent. A second strike is a one-day suspension from the program. A third strike is a week suspension from the program. If behavior does not improve within a six-month period after the 3rd strike, the student will be asked to leave the program. Parents WILL NOT be reimbursed their money if a student is terminated from the program for poor behavior. Parents are also asked to treat the Director and Assistant Director professionally and with respect. We are all on the same team and want what is best for your child.

Is there a cut off for cancelling a week, and what money would a parent get back for cancelling?

The \$25 deposit can be transferred to another week of camp, but not refunded. If they have PIF and need to cancel the week before they will be refunded any payments made for the week minus the \$25 deposit. They need to cancel the Friday before the week they planned on coming.

What if they are in a sports camp, can they go into Summer Blast afterwards? How does that work? What is the cost and how do you register? Yes, they can! The child will just be escorted from one camp to another. All they need to do is **register for both camps and extended care**. Costs vary by camp, but allow the child to attend from 7:30am-6pm

Do Wake Forest Employees receive a discount on programs? Unfortunately, they do not. The only discounts we offer are for Proehlific Park Adult Fitness Center members who receive the member rate and a sibling discount for the second child enrolled in the program.

My child is interested in becoming a Coach-In-Training (CIT). How do they apply? Students grades 7-11, can gain work experience as an unpaid Couch-in-Training (CIT). Applicants interested in becoming a CIT must hand their application to the Youth Program Director by March 15th. There will only be 8 CITs accepted for Summer Blast! 2019. CITs can earn service hours through their participation in the program. For more detailed information, please see our website: <https://proehlificpark.com/youth/summer-blast/>

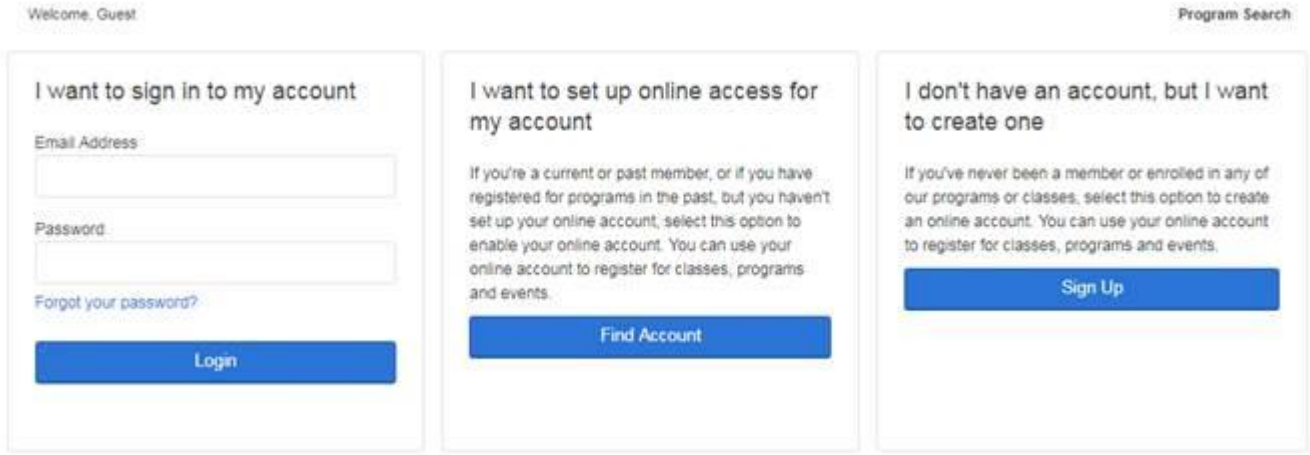
How can I become a Summer Blast! Coach? Applicants must be at least 18 years-old to work as a Summer Blast! coach. Interested applicants must send their resume and 3 references to Allie Arpajian, Youth Program Director at allie@proehlificpark.com



How can I access my tax statement?

You can log in to your account with any of the “register now” buttons from our website and it will take you to the login screen.

<https://operations.daxko.com/Online/login>



Once you log in you will see a button for payment history in the top right corner and then with each transaction you will have a print button which will give you the details of the transaction and the Tax ID information.

What is Proehlific's Tax ID Number? Our number is 20-5778966

