



The SoccerOP Training Program started in September 2003, when Scott Wollaston and Chad Heinicke realized that most youth players are not taught proper technique at the younger ages. One of the main complaints among high school and college coaches is that most of the mistakes that players make on the field are due to a lack of technique or poor technical skills. These coaches agree that it's very difficult to 'teach an old dog new tricks', so this technique is very difficult to improve after many years of bad technical habits.

Through the SoccerOP Training Program, players focus on individual technique at younger ages (u7 to u10), specifically in the areas of dribbling, passing, receiving, and striking. Once the players master the technique, they must be able to apply the technique under pressure, thus developing SKILL. (Skill is the ability to use technique under pressure!)

Through the SoccerOP Training Program, players are able to take their technique and skill back to their academy, recreational, or club teams in the Piedmont Triad and use them in game situations.

Players that train in the SoccerOP Training Program are constantly identified as players that have proper technique and are typically the better players at the younger ages, and get identified early in the club system

The SoccerOP Training staff are all former players that can clearly demonstrate and explain the technical aspects of soccer.

For more information on this program, please call Chad Heinicke (336) 209-9160